



CENTRAL STATION
COMMUNITY CENTRE

Fun **Fitness** FOR WOMEN

Twice a week on Tuesdays and Thursdays
in August and September

4:30 pm - 5:30 pm

In partnership with



**Regional
Connections**
IMMIGRANT SERVICES

Bring your Yoga matt, comfortable
clothes, clean shoes/socks/ballet slippers.

Learn to dance many different styles!

Instructor: Alexandra Vassilik

Email

info@winklercentralstation.ca

or call

204-325-0257 to register

Classes are FREE
and open to
ALL women!

