



CENTRAL STATION COMMUNITY CENTRE

Box 736, 545 Industrial Drive, Winkler, MB | 204-325-0257
info@winklercentralstation.ca | www.winklercentralstation.ca

Summer 2018

**Time**

Monday 9am-7pm
Tue-Fri 9 am -2 pm

What: Public Drop in Hours

- Coffee and conversation
- Food cupboard vouchers
- Free haircuts (Wednesday only)
- Internet access
- Spiritual care offered on Wednesday mornings

For Whom

Anyone

**Upcoming Dates:**

June 13th

Time

Every second
Wednesday
of the month

What: Community Store

- Clothes
- Toiletries
- Baby supplies
- Towels, bedding

For Whom

Individuals and families
in need

**Time**

11:30am-12:30pm

What: Cooking Classes

Kids in the Kitchen - July 23rd -27th

For Whom

Kids ages 9-12



Ends June 19th

Pick up Times

Every 1st and 3rd
Tuesday of each
month
Pickup is 3-6pm

What: Better Access to Groceries

\$10 BAG's of fresh fruit and veggies
purchased in bulk to pass the savings
on to you. Sign up at least 1 week prior
to pickup days

For Whom

Anyone

**When**

TBA

What: Kid's Art Classes

Join us for a great time with art! Details
coming soon!

For Whom

Kids ages 9-12

Fitness for Women**Time**

Wednesday
and Friday
4:30 - 5:30pm

What: Fitness for Women

Fun, free fitness classes for women
with many dance styles featured!
call us at 204-325-0257 to register.
Spots are limited.
June 6th - June 29th

For Whom

Any woman age 15 and
up.

Programs by other Organizations

**Time**

1st & 3rd
Wednesday
of the month
10:30 am -12 pm

What: Healthy Baby

- Learn about baby's development
- Nutrition and Health topics
- Parenting tips
- Free milk coupons
- Childminding available
- Healthy snacks and meals

For Whom

pregnant women and
parents with children
under one

**Time**

June 27th
July 25th

What: Financial Counselling

Have questions about your credit or finances? Looking for ways to decrease your expenses? Have any other financial questions?
Contact 1-888-573-2383 ext 211
to make your appointment

For Whom: Anyone**Time**

Every Monday
5pm-7pm

What: Free Community Meal

- No signup required
- Enjoy a meal and connect with

For Whom

Anyone

**Time**

Check their
website for
more info

What: Parent/Child Programs

•Details about programming can be
found on their website at
www.winklerfamilyresourcecentre.com

For Whom

Parents with children
ages 0-5
